



BEFORE SEDATION INSTRUCTIONS

- You must **NOT** have any **food or drink** at all for 6 hours before the time of your appointment. No water, lozenges or sucking sweets.
- You will need to arrange for **someone to DRIVE you home** after the appointment. Vehicles must not be driven nor machinery operated for 24 hours after the appointment.
- Patients under 18 years of age must be accompanied by a responsible adult.
- Consent form must be signed by a parent or guardian for patients under 18 years of age.
- Inform us of **ALL MEDICATIONS YOU ARE CURRENTLY TAKING**.
- Wear loose comfortable clothing, (short sleeved top and track pants).
- **NO** nail polish, moisturizer, stockings and jewellery (esp. nose), – to facilitate monitors. Contact lenses should not be worn.
- Smoking should cease at least 24 hours before the appointment, preferably earlier.
- **IN COLD** weather keep warm and wear gloves
- If you should become ill prior to the day of treatment please inform the surgery as soon as possible, we may need to reschedule your appointment.

