

INSTRUCTION TO PATIENTS NEEDING SEDATION OR GENERAL ANAESTHETIC.

1. You must have NO food or fluids at all for 6 hours before. No water. No lozenges or sucking sweets.
2. Do not drive or operate machinery for 24 hours after the appointment.
THEREFORE, you will need someone to DRIVE you home after the appointment.
3. Patients under 18 years of age must be accompanied by a responsible adult.
4. Consent form must be signed by a parent or guardian for patients under 18 years.
5. Inform us of ALL medications you are currently taking.
6. Wear loose comfortable clothing, short sleeved top.
7. NO nail polish, moisturiser, jewellery, stockings (this enables our monitors to work effectively).
Remove any contact lenses.

AFTER YOUR ANAESTHETIC

1. You may feel drowsy, have a sore throat or general stiffness - bed rest, pain killers or throat lozenges will help you.
2. You will recover more quickly by resting for 24 hours afterwards.
3. Do not drive a car, operate machinery or domestic appliances, conduct important business or drink alcohol for 24 hours.
4. It is very important to have plenty of water and fluids and return to your normal diet as soon as possible.
5. Please make sure we have a contactable phone number as we will call and check on your progress the following day.

YOU TOO CAN LOOK FABULOUS!

We take enormous pride in the excellent results we achieve for our patients. Call us to discuss any treatment you may have heard about or require.